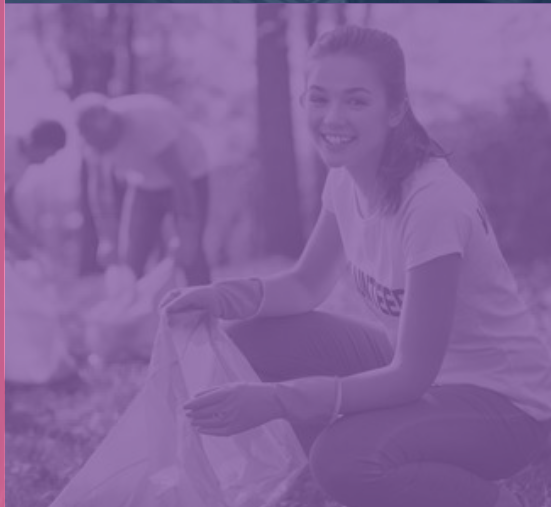




CREATING HOME FOR OTHERS

THE ART OF LIVING

2018-2019 Programme





MONTHLY PROGRAMME FOR GIRLS 2ND-5TH YEAR

During the course of 7 months, a team of young people with the help of experienced professionals will help set the stage for a welcoming home for those in need. In collaboration with other Charities, we aim to help people in need in their homes: whether it is cleaning, painting, gardening, redesigning the space so that each person feels happier to live there.

SATURDAYS, 11-5PM

SEPTEMBER 15
OCTOBER 13
NOVEMBER 10
FEBRUARY 9
MARCH 2

📍 CROFTON

OVERNIGHT

SATURDAY- SUNDAY
JANUARY 19-20

📍 LISMULLIN

CONFERENCE

FRIDAY- SUNDAY
MARCH 22-24

📍 LISMULLIN

OUR MISSION



WE WANT TO EMPOWER YOUNG PEOPLE TO SHARE THEIR ARTISTRY AND SKILLS TO HELP OTHERS IN NEED. WE BELIEVE THE BEST PLACE TO START IS IN THE HOME. THE HOME PLAYS A VITAL ROLE IN SHAPING LIVES AND BUILDING FUTURES.

The Art of Living has been running for 5 years. Over 250 young people have participated in the programme and have benefited hugely from the experience. It's about learning skills and putting them to practical use for others, to show in tangible ways that we truly care.



EVERY MONTH

SESSION ON LEARNING THE SKILLS TO BE OF GENUINE HELP TO OTHERS IN THEIR HOME

HANDS-ON HELP FOR PEOPLE IN NEED

PHILOSOPHY - GIVING DEEPER INSIGHT INTO THE NEEDS OF EACH PERSON



IN COLLABORATION WITH OTHER CHARITIES

Third Age - Summerhill Active Retirement Association was established in response to the lack of facilities available to many members of the older community.

Age Action provides services including Care and Repair, computer training and information, and also campaigns for older people at a national level.

third age

Responding to the Opportunities and Challenges of Ageing in Ireland

Age Action

For all older people



TO BOOK A PLACE, VISIT

🌐 www.brosnagirlsclubs.ie/theartofliving

✉ artofliving@brosnagirlsclubs.ie

☎ 087 791 0965

PRICE

- > Saturdays 11-5pm (pay as you go): €20
- > Overnight: €30
- > Conference: €30 (programme participants) €50 (others)

LOCATION

- > Saturdays:
5 Crofton Terrace, Dun Laoghaire, Co. Dublin
- > Overnight and Conference:
Lismullin Conference Centre, Navan, Co. Meath



GAISCE
THE PRESIDENT'S
AWARD

You can achieve The Gaisce Award by completing the programme. For more information, visit www.gaisce.ie



The Art of Living is managed by Brosna Educational Centres Clg, a registered charity (CHY 6329) for the advancement of education and character development in accordance with Christian principles and ideals. The pastoral care of Brosna is entrusted to the Opus Dei Prelature. Opus Dei is a recognised institution of the Catholic Church helping people to seek God in people to seek God in their daily lives.
www.brosna.ie